



# Camp Fashionista

## Planning Handbook

Dear Parents & Guardians,

We are truly grateful that you are considering “Camp Fashionista” as part of your summer plans. At “Camp Fashionista” we strive to create a learning experience that inspires and teaches young people about the amazing world of fashion. Each participant will learn design basics including but not limited to: sewing techniques, sketching 101, styling tips, how to create a photo shoot, making inspiration boards, runway modeling, accessory making, and much more.

Throughout this planning handbook you’ll find a variety of camp themes that will have your camper excited and ready to learn. We have a wonderful summer planned and can’t wait to share it with your child.

Sincerely,

A handwritten signature in black ink, reading "Heidi Elnora". The signature is written in a cursive, flowing style with a large, sweeping flourish at the end.

Heidi Elnora  
Owner of Heidi Elnora and “Camp Fashionista”

## “Camp Fashionista” Registration Form 2019

<b>Camper Name:</b>	Camp Session (please circle one)  June 24-28   July 8-12   July 15-19
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**Please Read:** Fill out this form completely and mail to (Heidi Elnora Atlier % “Camp Fashionista”2024 Morris Ave Birmingham, AL 35203) You will need one completed form per camper, per week of camp. This speeds up check-in times. Thanks!

### **Parent/Legal Guardian Information:**

Camper's Parent or Legal Guardian's Name: \_\_\_\_\_  
Relationship to Camper: \_\_\_\_\_ Cell Phone: ( ) \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_  
E-mail: \_\_\_\_\_ Elementary School: \_\_\_\_\_  
What does the Camper go by? \_\_\_\_\_ Camper Age: \_\_\_\_\_ T-Shirt Size: \_\_\_\_\_

### **Additional Information:**

Please let us know anything else we may need to know about your child:

\_\_\_\_\_

\_\_\_\_\_

### **Emergency Contact Information:**

In case of emergency, please list the name(s) and phone number(s) of whom you would like us to contact:

Primary Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Secondary Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

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## Sign-In/Sign-Out Form

### **Pick-up Authorization:**

The following people may pick-up my child when camp is finished each day:  
(Photo ID required)

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_

**DO NOT fill out this section until the camper is picked up from camp:**

Date:

Signature of person picking-up the camper each day:

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## Dates for Age Groups :

June 24-28	{Ages 5-7}
July 8-12	{Ages 8-10}
July 15-19	{Ages 11-13}

## Registration & Pricing:

You can register online at [www.mycampcouture.com](http://www.mycampcouture.com) by downloading the “Camp Fashionista” Registration Form. Registration for camp will end one week before the desired week of camp begins. The registration fee is \$300 and we accept campers from ages 5-13 years of age. This includes tuition, official “Camp Fashionista” t-shirt, art supplies, days full of learning all things fashion, and a light afternoon snack.

**Make checks payable to The Changing Room LLC.  
Mail all forms to: Heidi Elnora Atelier c/o “Camp Fashionista”  
2024 Morris Ave Birmingham, AL 35203**

Questions? Call: 205-250-2533 or e-mail: [gloria@heidielnora.com](mailto:gloria@heidielnora.com)

## Refund Policy:

Due to the high demand for “Camp Fashionista”, all sales are considered final. When possible, a camper can be transferred to another week. Transfer requests are based on availability and cannot be guaranteed. A transfer request must be submitted in writing by emailing [gloria@heidielnora.com](mailto:gloria@heidielnora.com) at least 7 days prior to the original session begin date.

## Sign-In & Sign-Out Forms:

The sign-in and sign-out form is located at the beginning of this packet. This form will check your camper in and out each day. Your photo ID will be checked during sign-out, please have it available. Children will not be released to anyone without a photo ID. Please allow approximately 10 minutes for the check-in process.

## Drop-off & Pick-Up:

- Camp begins at 9am and ends at 2pm.
- For early drop-off, please notify the camp counselor during check out the day before
- Early drop-off is no earlier than 8:45am, we request all campers to be signed in and ready to begin by 8:55am.
- For early pick-up, please notify the camp counselor during check-in.
- Early pick-up cut off time is 1:50pm.
- For late pick-up \$5.00 will be charged to your account after 15 minutes late. An additional \$1.00 charge will be added per minute following.
- You may park outside the front door of the Heidi Elnora Atelier to pick up your child. Please do not park in the loading zone, as you may be ticketed.

# What to Wear:

- An official camp t-shirt will be given on the last day of Summer Camp.
- Comfortable tennis shoes with socks.
- Comfortable shorts or pants (no dresses).
- If the camper has long hair, we suggest that she wears it in a ponytail.

# What to Bring:

- Your camper should bring a clearly labeled lunch bag and labeled drink for each day.
- (Microwave and refrigerator available)
- For the safety of those with nut allergies, Camp Fashionista discourages any nut products to be brought to camp.**

# What Not to Bring:

Please do not let your child bring toys or electronic gaming systems to camp. Cell phones are permissible, but should only be used for emergency contact. The camp is not held responsible for any lost or stolen items.

# What to Expect:

A packed schedule full of fashion:

## **Ages 5-10**

- Sketching 101
- Basic sewing skills
- Fabric education
- Making mood boards
- Tie-dying techniques
- Runway lessons
- Fabric painting
- Flower crowns
- Scavenger hunts
- Fashion themed art
- Curating photo-shoots
- How to measure
- Trend forecasting
- Styling tips

## **Ages 8-10**

- Sketching 102
- Basic to moderate sewing skills
- Fabric education
- Making mood boards
- Tie-dying techniques
- Runway lessons
- Fabric painting
- Curating photo-shoots
- Measuring techniques
- Trend forecasting
- Sewing on a machine
- Basic pattern making
- Fashion business basics

## **Ages 11-13**

- Sketching 103 (fashion illustration)
- Moderate to Advanced sewing skills
- Fabric education (swatch books)
- Mood boards (creating a collection)
- Runway show production
- Curating photo-shoots
- Advanced measuring techniques
- Trend forecasting
- Sewing on a machine (bring portable machine if readily available)
- Basic to moderate pattern making
- Fashion business (branding)



## Code Of Conduct:

It is expected that all children respect themselves and other people. Respectful behavior will ensure a safe and enjoyable experience for everyone at camp. At the beginning of class, the teacher will further discuss the group's expectations as well as ways to be respectful during class.

## Behavior:

Camp Fashionista expects all campers to behave in a respectful and courteous manner. Should a camper not be able to do so, corrective measures such as removing the child from the group or consulting a parent or guardian may be used for minor behavior problems. Should a camper's behavior become a major distraction or is dangerous to others, the camper will be removed from camp and a parent or guardian will be notified immediately to discuss a solution. Extreme behavior will result in suspension from camp, and no refund will be given. The camp program is designed for children who are able to function well in group oriented programs without parental involvement. Therefore, parents are asked not to linger or approach campers once camp has begun.

## Waiver & General Release:

For and consideration of the approval of the participant by "Camp Fashionista" in the summer camp program, the participant, for himself or herself, his or her minor child, his or her attorneys, agents and their respective heirs and assigns, hereby GENERALLY AND COMPLETELY RELEASES, REMISS, ACQUITS and FOREVER DISCHARGES the Heidi Elnora Atelier, Heidi Elnora, The Mecca, The Changing Room or "Camp Fashionista," its successors and assigns, affiliates, officers, directors, servants, employees, attorneys and agents, forever from all injuries, illnesses, death, claims, actions, demands, rights, damages, costs, attorney's fees, expenses, debts, liabilities and compensation of any and every kind, known or unknown, that result or may result from the individual's participation in the "Camp Fashionista" Program. The participant and/or parent/guardian acknowledge that this activity may expose the participant to risks and hazards that may result in injury or death. The participant and/or parent/guardian accepts such risks and voluntarily chooses to participate in the "Camp Fashionista" Program as a participant and not as an employee after having been advised of such risks. **The participant and/or parent/guardian acknowledge that he or she has carefully read this release and has been advised about the opportunity to seek legal counsel prior to execution.** Each participant and/or parent/guardian understands that this is a release of all claims for any illness, injury, or death that may result that occurs during this program.

## Photo/Media Release:

The participant, for himself or herself, his or her minor child hereby authorizes "Camp Fashionista," and their agents to use the following described photographs of himself, herself

or his or her minor child for the specific purpose of publication in both print and electronic media (to include use as a still photograph or transparency or use in a motion picture, video, or on television, or any other similar media).

In giving consent, the participant and/or parent/guardian hereby releases and hold harmless “Camp Fashionista,” and their agents from any and all responsibility or liability, to include any claim for slander, invasion of privacy, or any other claim. The participant and/or parent/guardian understand that compensation will not be given, should the photograph be used.

## Medication:

### **Self-Administered Medication**

Campers may self-administer medication under the supervision of a “Camp Fashionista” counselor after the following has been completed;

- Prescriptions are sent in the original container with the label clearly visible.
- A parent or legal guardian has completed and submitted the **Request of Self-Administration of Medication Form**. This form is available for download on the “Camp Fashionista” website at [www.campfashionista.com](http://www.campfashionista.com).

### **Emergency Medication**

Emergency medications such as Epi-pens, inhalers etc. may be given by a “Camp Fashionista” counselor after the following has been completed;

- Camp Fashionista staff cannot dispense medication except by prior arrangement with our staff.
- A parent or legal guardian has trained a staff member on the proper way to administer the medication. Please call 205-250-2533 to schedule an appointment.
- A parent or legal guardian has completed the **Emergency Medication Training and Administration Acknowledgment Form**.

### ***As a parent or legal guardian, I further understand that:***

1. I am financially responsible for any damages my child causes while at “Camp Fashionista.”
2. If my child disrupts the camp or harms another camper/volunteer/counselor, he/she will be dismissed immediately from the Summer Camp and no refund will be issued.
3. If my child is dismissed from Summer Camp or becomes ill and cannot participate in camp activities, I will receive no refund. It will be my responsibility to pick-up my child from camp immediately.

**I hereby agree to the “Waiver and General Release,” “Photo/Media Release,” “Refund Policy” and “Code of Conduct” listed in the “Camp Fashionista” Information Packet Releases and Code of Conduct:**

**Parent/Legal Guardian Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**"Camp Fashionista"**  
**Request for Self-Administration of Medication**  
**Use only if needed**

Child's name:

Date of birth:

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*I am requesting that the above-named child take the following medication during program hours:*

Name of medication:

Type (tablet, liquid, capsule):

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Dosage:

Time(s) to be taken:

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Possible side effects:

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I certify that (name of child):

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Has been instructed in the use and self-administration of (name of medicine):

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Your child understands the need for this medication and the necessity to report to the designated "Camp Fashionista" counselor any unusual side effects. He/she is capable of using this medication independently under the supervision of the designated "Camp Fashionista" counselor.

By signing this document, the parent/guardian acknowledges that they have read and understand the "Camp Fashionista" policy regarding the self-administration of medication. Furthermore, the undersigned holds The Changing Room, LLC, Heidi Elnora Birmingham, LLC, Heidi Elnora Atelier, and "Camp Fashionista," harmless for any and all outcomes resulting from said self-administration of medication.

Print name of parent/guardian:

Phone number of parent/guardian:

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Signature of parent/guardian:

Date:

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